****Derbyshire Autism Services

**Voluntary Sector and Community Services for Children, Young People and Families**

*www.derbyshireautismservices.org*

A charity based in Ripley, offering information, advice, guidance and support for children, young people, adults and families across Derbyshire who may be affected by Autism.

**Telephone: 01773 741 221**

Fairplay

*www.fair-play.co.uk*

A charity based in Chesterfield, providing services across North Derbyshire, including play schemes, youth clubs, activity days, independent living support and home support to individuals and families aged between 0 and 25 with disabilities and additional needs.

**Telephone: 01246 203963**

Autism East Midlands Family Hub

[www.autismeastmidlands.org.uk](http://www.autismeastmidlands.org.uk)

The Hub is a regular meeting point for families and children affected by ASD. There are activities, family support and specialist training and advice.

**Email:** advice@autismeastmidlands.org.uk

**Telephone: 01909 506 678**

Autism Support Helpline

A free, confidential service providing advice, support, and information for young people and their families (including ADHD, ASD, and sensory processing).

**Telephone: 0800 031 5445**

*Produced by Chesterfield Royal Hospital, October 2017 (Updated October 2019)*

Derbyshire Information, Advice and Support Service (DIASS) *www.derbyshireiass.co.uk/*

DIASS is the new Parent Partnership Service. They provide independent information, advice and support to young people with special educational needs and disabilities (SEND), as well as their parents and carers.

**Telephone: 01629 533660**

Umbrella Derbyshire

*www.umbrella.uk.net*

A charity which supports children & young people with any special need, aged 5 to 30, living in Derby City and Derbyshire. They support the individual and their families through their support services, activities, information, guidance and their family support groups.

**Voluntary Sector and Community Services for Children, Young People and Families**

**Telephone: 01332 785658**

National Autistic Society Derby and District Branch

[*www.facebook.com/NASDerbyBranch/*](http://www.facebook.com/NASDerbyBranch/)

The official page for the Derby and District Branch of the NAS. The support group is for parents/carers of children & adults on the autism spectrum. They hold meetings which are an opportunity to meet and share information with other parents, other professionals and other people with ASD.

**Telephone: 07500 089571**

**Email:derbyanddistrict@nas.org.uk**

# Proud-to-Care-LogoDerbyshire County Council Early Help & Special Educational Needs and Disabilities Service (SEND)

*www.derbyshire.gov.uk*

Provides information on the support services and signposting for children and families where there may be emerging or low level needs or special education needs.

**Telephone: 01629 533190**

Autism Links Support Group

*www.autismlinks.co.uk/support-groups*

A website full of useful links to local support groups, charities and specialist services all in one place.

Equal Strands

A social opportunity for people with communication difficulties and autism. A Lego club is held on the first Saturday of every month in Chesterfield.

**Email:** [mark@equalstrands.co.uk](mailto:mark@equalstrands.co.uk)

BILD - Positive Behaviour Support (PBS) helpline

*www.bild.org.uk*

Bild are offering a support helpline to support families/ carers of people with learning disabilities, mental health issues or autism, during the Covid-19 restrictions. Calls can be booked to offer support and guidance.

**Support Forums**

Derbyshire Carers Association

*www.derbyshirecarers.co.uk*

Provide support, advice, information and representation for carers in Derbyshire, and hold support groups.

**Telephone: 01773 833833**

Derbyshire Parent Carer Voice

*www.derbyshireparentforums.co.uk*

A charity which is run by parent/carer volunteers with children/young people with Special Educational Needs and/or disabilities. They organise parent forums, providing parents with the opportunity to talk about all the services they receive in Derbyshire.

**Telephone: 01629 533666**



**Informative Websites and Links**

Autism West Midlands

www.autismwestmidlands.org.uk

Their website provides resources for families and professionals. The service also offers training to parents and professionals, holds events and activities and supports families in the West Midlands.

**Telephone: 0121 450 7582**

National Autistic Society

*www.autism.org.uk*

A charity which provides information and advice to autistic people, their families and friends. They also run a range of support services for children, young people and adults.

**Telephone: 020 7833 2299**

Sibs/YoungSibs

[*www.sibs.org.uk*](http://www.sibs.org.uk)

*www.youngsibs.org.uk*

A charity which supports people who grow up with or have grown up with a disabled sibling. They provide siblings with information and support, and additional information for parents and professionals. The charity also host sibling support groups.

Scope

*www.scope.org.uk*

A charity that provide support, information and advice to disabled people, their families and professionals.

**Telephone: 0808 800 3333**

CAMHS North Derbyshire

*www.camhsnorthderbyshire.nhs.uk*

Our website has some helpful advice and information on our teams and services including information about ASD, our parent/carer workshops and our Urgent Care Team.

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**Mental Health & Well-being**

Kooth

*www.kooth.com*

Free, safe and anonymous online counselling and support.

Shout

[*www.giveusashout.org*](http://www.giveusashout.org)

Shout is the UK’s first free 24/7 text service for anyone in a crisis anytime, anywhere.

Young Minds

*www.youngminds.org.uk*

A charity recognising the importance of mental health and well-being of young people. With practical advice, national projects and information of what to do in a crisis**.**



**Further resources**

Autism Eye

*www.autismeye.com*

An online based magazine informing parents and professionals on the latest research and news on Autism. Online subscription is free.

The Children’s Sleep Charity

*www.thechildrenssleepcharity.org.uk*Provides families and professionals with support and training on supporting children with sleep issues.****